

February 10, 2013

Blue Cross Blue Shield
45 North Olson Avenue
Anytown, Illinois 65432

RE: Letter of Medical Necessity
Your Beneficiary: xxxxx xxxxx
Group ID #: xxxxxxxx
Personal ID #: xxxxxxxx

Dear Blue Cross Blue Shield:

This is a letter of medical necessity (LMN) for your beneficiary XXXXXX. He/she was initially examined at our office on November 13, 2012 with follow-up visits on November 23 and December 28, 2012. His/her diagnosis is:

Keratoconus, ICD: 371.60.

Best corrected vision with spectacles was measured as:

OD / right eye: 20 / 50
OS / left eye: 20 / 40

A refraction revealed the following prescription:

OD / right eye: - 9.00 - 1.25 x 55 = 20 / 25
OS / left eye: - 9.75 - 1.00 x 135 = 20 / 25

However, after ZZZZZ received his fitting for mini scleral gas permeable contact lenses, his best corrected distance vision was measured as:

OD / right eye: 20 / 25
OS / left eye: 20 / 25

Keratoconus is a progressive eye disease which causes a bulging and thinning of the cornea, leading to image distortion and a loss of best corrected vision. If the disease progresses, it will lead to severe surface distortion and thinning of the cornea, and subsequently require a costly corneal transplant for one or both eyes. The blurred and distorted vision also prevents the patient from wearing any spectacles. Thus, contact lenses become the only way to see and function.

The **medical necessity for contact lenses** is due to the need to:

- Prevent further progression of the disease,
- Difficulty wearing spectacles, a frequent side effect among keratoconus patients
- Restore vision to a level permitting successful passage of a driver's license exam.

The following codes list the services and supplies provided:

92071RT	Fitting of CL for Ocular Surface Disease, OD	\$ _____
92071LT	Fitting of CL for Ocular Surface Disease, OD.	\$ _____
92072RT	Fitting of CL for keratoconus, OD	\$ _____
92072LT	Fitting of CL for keratoconus, OS	\$ _____
92313	Corneo-Scleral contact lens fitting	\$ _____
V 2513	GP / EW, per lens	\$ _____
V 2531	Scleral Gas Permeable, per lens	\$ _____

Information for keratoconus can be found on the Internet at **nkcf.org**, website for the National Keratoconus Foundation. Your cooperation is greatly appreciated in reviewing this case and obtaining lawful benefits for XXXXXXX. If you need any further information, please feel free to contact our office.

Very sincerely yours,

James Smith, O.D.